

Place Student's Picture Here

SEVERE ALLERGY ACTION PLAN
FOR SCHOOL PERSONNEL

Student: _____ Grade: _____ DOB: _____
Teacher: _____ Classroom: _____ SCHOOL YEAR: _____

SEVERE ALLERGY TO: _____

Asthmatic: YES ☐ NO ☐ * Higher risk for severe reaction

STEP 1: RECOGNIZE THE SYMPTOMS

If _____ shows the following symptoms as check by doctor:

Symptoms: (Doctor, please select by checking all symptoms that require Epinephrine Auto-Injector administration)

- ☐ Mouth itching, tingling or swelling of the lips, tongue, mouth
- ☐ Throat tightening of throat, hoarseness, hacking cough
- ☐ Skin hives, itchy rash, swelling of the face or extremities
- ☐ Gut nausea, abdominal cramps, vomiting, and diarrhea
- ☐ Lung shortness or breath, repetitive coughing, wheezing
- ☐ Heart weak or thready pulse, low blood pressure, fainting, pale, blueness
- ☐ Other _____

STEP 2: RESPOND

Give Epinephrine Auto-Injector as directed per Authorization for Medication Form.

(Doctor, please select by checking dosage to be administered)

- ☐ Epinephrine Auto-Injector (0.15mg epinephrine)
- OR
- ☐ Epinephrine Auto-Injector (0.3mg epinephrine)

Administer rescue breathing or CPR, if necessary.

STEP 3: EMERGENCY CALLS

- 1. Call 911
- 2. Call Emergency Contacts:

Name/Relationship	Phone Number	Alternate Phone Number
1.	1.	1.
2.	2.	2.
3.	3.	3.

Doctor Signature _____ Date _____
Parent/Guardian Signature _____ Date _____

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Student: _____ DOB: _____
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SEVERE ALLERGY TO: _____

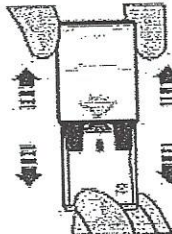
Auvi-Q Epinephrine Auto-Injector Trained Staff: _____

Name (Please print)	Title	Signature

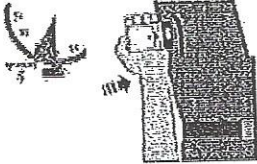
Nurse Verification:
Action plan and staff training verified.

Nurse signature _____ Date _____
Parent/guardian signature _____ Date _____

Directions for Auvi-Q (Epinephrine) Auto-Injector 0.15mg or 0.3mg



1. Pull Auvi-Q from the outer case (do not proceed to step 2 until you are ready to use Auvi-Q. If not ready to use, replace the outer case.)
2. Pull off Red safety guard (The safety guard is meant to be tight. *Pull firmly to remove.*)
3. Place black end against the middle of the outer thigh (through clothing, if necessary), then press firmly
4. and hold in place for 5 seconds



5. Note: Auvi-Q makes a distinct sound (click and hiss) when activated. This is normal and indicates Auvi-Q is working correctly.
6. Call 911 or seek emergency medical attention.
7. Deliver used Auvi-Q Epinephrine Auto-Injector to EMS responders.
8. Deliver used Auvi-Q (epinephrine injection) to EMS responders.