

Alternating Block Example				
M	T	W	Th	F
A	B	A	B	A
B	A	B	A	B
X	A	B	A	B
A	B	A	X	B

BELL SCHEDULE

MAST Academy Alternating Day Block Bell Schedule
(with six-minute passing time)



MAST ACADEMY

Daily Bell Schedule (Alternating Block)

A DAY/B DAY	Time	Number of Minutes
Period 1 (Students have Period 1 every day)	8:00 AM – 8:50 AM Homeport: 8:50 AM – 9:00 AM	50 minutes + 10 minutes for HP
Passing	9:00 AM – 9:06 AM	6 minutes
BLOCK I (Periods 2/3)	9:06 AM - 10:46 AM	100 minutes
Passing	10:46 AM – 10:52 AM	6 minutes
BLOCK II (Periods 4/5)	10:52 AM - 1:14 PM	100 minutes (30 Minutes included for lunch)
Lunch A	10:46 AM – 11:23 AM (IN CLASS AT 11:23 AM)	37 minutes
Lunch B	11:23 AM – 12:00 PM (IN CLASS AT 12:00 PM)	37 minutes
Lunch C	12:00 PM – 12:37 PM (IN CLASS AT 12:37 PM)	37 minutes
Lunch D	12:37 PM – 1:14 PM	37 minutes
Passing	1:14 PM – 1:20 PM	6 Minutes
BLOCK III (Periods 6/7)	1:20 PM – 3:00 PM	100 Minutes

Over 10 ten days

Period 1	=	500 m
Homeport	=	100 m
Period 2	=	500 m
Period 3	=	500 m
Period 4	=	500 m
Period 5	=	500 m
Period 6	=	500 m
Period 7	=	500 m